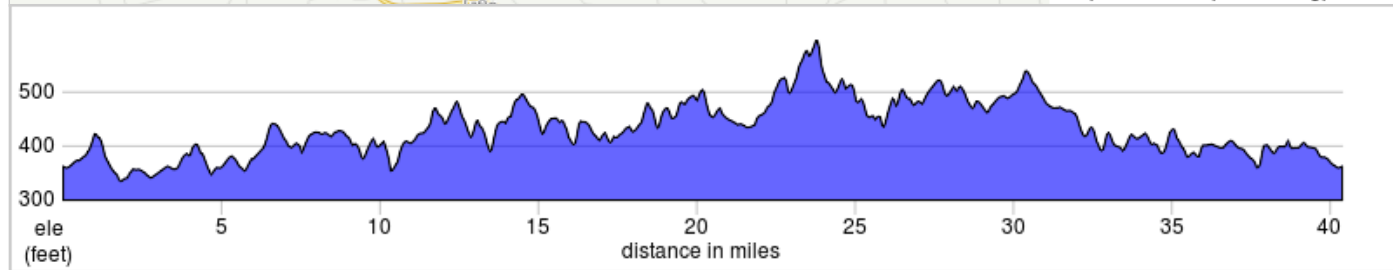


CV Cains Quest (40R)



Start: Conestoga Valley High School
Classification: Rolling
Max Grade: 4.1%



CV Cains Quest (40R)

▶	0.0	Start of route
➔	0.0	R onto Horseshoe Rd
➔	0.2	R onto Hathaway Rd
➔	0.4	R onto Mt Sidney Rd
←	0.6	L onto Stumptown Rd
➔	1.6	R onto Beechdale Rd
←	2.8	L onto Church Rd
←	4.3	L onto N Weavertown Rd
➔	5.4	R onto N Harvest Rd
➔	6.3	R onto PA-340 W
←	6.4	L onto S Harvest Rd
←	7.2	L onto Harvest Dr
➔	9.0	R onto Belmont Rd
←	10.8	L onto Harristown Rd
➔	11.6	R on Frogtown / Harristown Rd
←	13.2	L on Slaymaker Hill (becomes Amish Rd)
←	15.8	L onto Buena Vista Rd

15.8 miles. +654/-569 feet

←	16.5	L onto School Lane Rd
➔	16.5	R onto Buena Vista Rd
➔	17.1	R onto White Horse Rd (PA-897 S)
↑	17.4	Continue onto Cains Rd
➔	19.1	R onto Buena Vista Rd (no sign)
←	19.2	L onto Cains Rd
↑	20.0	Continue onto Churchtown Rd
←	20.7	L onto Plank Rd
➔	21.6	R onto Blank Rd (no sign)
←	23.2	L onto Wanner Rd
←	23.9	L onto Cambridge Rd
←	24.3	L onto Cambridge Rd/Kauffroth Rd
➔	25.9	R onto PA-340 W
➔	26.3	R onto Meetinghouse Rd
←	26.7	L onto Elam Rd
➔	27.3	R onto PA-897 N (no sign)

11.5 miles. +536/-484 feet

←	27.9	Bear L on Peters Rd
←	33.2	L onto Zeltenreich Rd
←	33.9	L onto Musser School Rd
➔	34.5	R onto S Groffdale Rd
←	34.9	L onto E Eby Rd
←	36.5	L to stay on E Eby Rd
➔	38.8	R to stay on W Eby Rd
←	39.2	L onto Horseshoe Rd
▣	40.4	End of route

13.1 miles. +362/-496 feet