

Lancaster Bicycle Club's D-signed For Lunch



Aug 2003

Terrain: Rolling Climb Per Mile: 54 ft Steepest Climb: 4%

Start: **Hennigans Restaurant (Mt Joy)**

Key: **R = Right Turn L = Left Turn T = Thru on**

<u>Miles</u>	<u>Turn</u>		<u>Miles</u>	<u>Turn</u>	
0.0	R	Rte. 230	7.5	T	W. High St (through the square)
1.3	R	Harrisburg Ave (immediately)	7.7	R	Stackstown Rd.
	L	Harrisburg Ave	11.0	R	Sagerville Rd.
1.8	T	Musser Rd.	11.7	R	Bossler Rd.
3.7	R	Trout Run Rd.	16.4	L	Colebrook Rd.
5.0	R	Colebrook Rd.	16.9	T	Cloverleaf Rd. (cross over bridge)
5.4	L	Airport Rd	17.1	R	Rte. 230
6.7	L	Endslow Rd.	17.4	R	into parking lot
7.4	R	E. High St.			