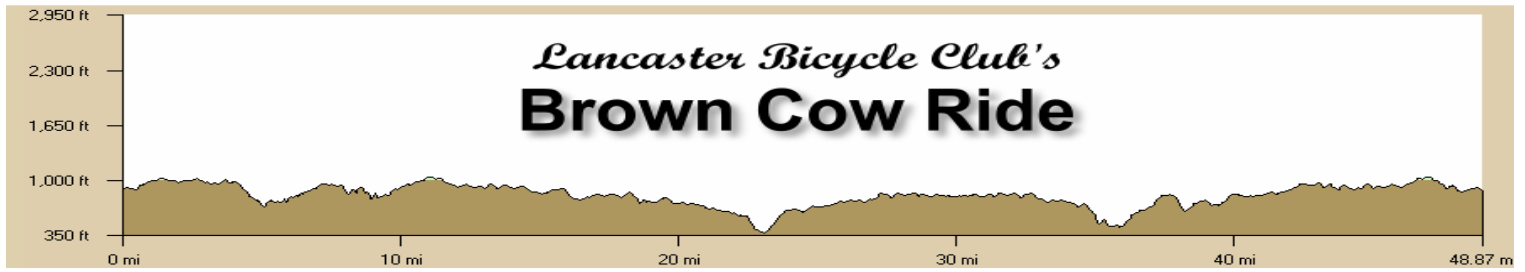


# *Lancaster Bicycle Club's* **Brown Cow Ride**



Oct 2002

Terrain: Very Hilly Climb Per Mile: 87 ft Steepest Climb: 8%

**Start: Wellspan Health Shrewsbury Pa.**

**Key: R = Right Turn L = Left Turn T = Thru on**

<u>Miles</u>	<u>Turn</u>		<u>Miles</u>	<u>Turn</u>	
0.0	R	Wolfe Rd.	17.8	R	Hickory Rd.
0.9	R	Mt. Airy Rd.	18.7	R	High Rock Rd.
1.1	R	Plank Rd. at "T"	18.9	T	Muddy Creek Rd.
2.3	L	Mt. Olivet	19.9	L	Muddy Creek Forks Rd.
3.3	L	Ridge Rd.			(caution steep windy down hill)
3.9	L	Brillstick Rd.	26.9	R	Rte. 74 South
5.0	R	at Stop (3 way intersection)	28.7	R	Brown Cow Country Market (rest stop)
5.1	L	White Oak Rd.		L	Exit Left from Brown Cow on Rte. 74N
5.9	R	Sawmill Rd.	30.5	L	Muddy Creek Forks Rd.
6.6	L	Potosi Rd.	32.8	R	Old Forge Rd.
6.9	L	Mt. Zion Rd.	34.5	L	Laurel Rd. (at Stop)
7.9	L	Hain Rd.	34.6	R	Laurel Rd. (after x-ing bridge 1.5 mile climb)
10.5	L	Plank Rd.	36.1	L	Laurel Rd. / Trout School Rd.
13.5	L	Rte. 24 / Winterstown Rd. (immediately)	36.3	R	Church Rd.
	R	Lowe Rd.	39.5	L	Cross Roads Ave. (at 5-way stop)
14.2	R	Mack's Rd.	41.1	L	Rte. 24 / Winterstown Rd.
15.1	R	Round Hill Church Rd.	43.1	R	Plank Rd. (at Wilsons Garage)
15.3	L	Hickory Rd. (becomes Blue Ball Rd.)	45.8	L	Bowman's School Rd.
16.7	L	Pleasant Valley Rd. (see optional stop)	46.5	R	Seiling Rd.
		Optional stop: R on Pleasant Valley then L	47.1	L	Wolfe Rd.
		on Deer Lane at 17.4 (8882 Deer Ln.) then R	47.6	L	into Wellspan Health
		on Pleasant Valley Rd. cross Blue Ball Rd.			
		pick up route (adds 1.3 miles to remaining			
		route.)			